

# ELIZABETH L. CAMPBELL

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## EDUCATION

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### Ph.D. Doctor of Philosophy, Counseling Psychology

University of North Texas • Denton, TX • September 2005 – August 2011

- Dissertation: Anticipating work & family: Experience, conflict, & planning in the transition to adulthood
- Clinical Internship: Texas Woman's University Counseling Center
- GPA: 4.0

### M.S. Master of Science in Psychology

University of North Texas • Denton, TX • September 2005 – May 2008

- Thesis: Anticipating work & family: A conflict of interests?
- Clinical Practicums: University of North Texas Counseling & Testing Center, Denton Community Clinic
- GPA: 4.0

### B.A. Bachelor of Arts in Psychology & Sociology

Whitworth University • Spokane, WA • September 2001 – May 2005

- Thesis: The 'When Harry met Sally' effect: Can men & women be platonic friends?
- Practicum: Pilsen-Little Village Community Mental Health Residential Treatment Center
- GPA: 3.91, Summa Cum Laude

## HONORS

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### Awards

- Most Influential Professor • Whitworth University • 2014, 2015, 2017, 2020, 2021, 2022, 2023
- Career Champion Award Recipient • Whitworth University Career Services • 2021
- Educator of the Year • Washington Association for Marriage and Family Therapy • 2020
- Commencement Speaker • Selected by Whitworth University senior committee • 2017
- Service Award Recipient • Whitworth Faculty Service Award • 2016
- Communion Speaker • Selected by Whitworth University senior committee • 2015
- Vocational Award Recipient • Whitworth Outstanding Integration of Vocation in the Classroom • 2014

### Grants

- \$20,650 Hugh Johnston Interdisciplinary Research Grant • 2022
- \$2,000 Whitworth Faculty Research & Development Summer Fellowship • 2022
- \$1,200 Psi Chi Professional Development Grant for Teachers of Psychology • 2022
- \$2,000 Whitworth Provost Award for Scholarship • 2019
- \$2,000 Whitworth Faculty Research & Development Summer Fellowship • 2016
- \$2,000 Psi Chi & Society for the Teaching of Psychology Assessment Resource Grant • 2013
- \$1,250 Whitworth Faculty Research & Development Research Grant • 2013
- Grant Finalist • \$10,000 United Nations Interagency Human Trafficking Project • 2012

## Credentials

- EMDRIA-Approved EMDR Therapist • EMDR International Association • 2021
- Certified Instructor • SHiNE Dance Fitness • 2020 – present
- Licensed Marriage and Family Therapist • Washington State # LF 60917491 • 2019 – present
- Certified Career Counselor • National Career Development Association • 2018 – present
- Licensed Marriage and Family Therapist Associate • Washington State # MG60738049 • 2017 – 2019
- Approved Clinical Supervisor • American Association of Marriage & Family Therapy • 2015 – present
- Certified Instructor • Zumba Fitness • 2014 – 2019
- Licensed Psychologist • Washington State # PY60304131 • 2013 – present
- Certified Trainer • QPR Suicide Prevention Program • 2008

## CLINICAL PRACTICE

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### Owner & Therapist

Life Directions Counseling and Consulting, PLLC • Spokane, WA • August 2019 – present

- Managed private practice therapy clinic with four therapy suites and 6 – 8 licensed clinical associates
- Provided short-term individual vocational counseling & psychotherapy
- Conducted diagnostic personality & career assessments with written reports & feedback
- Provided 24/7 after-hours on-call crisis management & triage services
- Supervised marriage & family therapy associate clinicians & facilitated individual, group, and on-call supervision
- Offered expert consulting services to individuals and organizations seeking guidance on career, helping skills, and mental health-related matters

### Therapist & Intake Coordinator

The Emily Program Eating Disorder Treatment Center • Spokane, WA • August 2013 – November 2020

- Managed clinic intake & referral process
- Provided triage services & clinical intakes
- Conducted diagnostic assessments with written reports & feedback
- Provided career counseling & assessments
- Participated in training seminars & continuing education courses
- Consulted with regional & national program staff

## TEACHING EXPERIENCE

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### Professor of Psychology & Marriage and Family Therapy

Whitworth University • Spokane, WA • August 2011 – present

- Positions Held: **Psychology Lecturer**, 2011-2012; **Assistant Professor**, 2012 – 2017; **Tenured Associate Professor**, 2017 – 2023; **Full Professor**, 2023; **Adjunct Professor** 2023 – present
- Provided classroom instruction for students in undergraduate psychology, graduate marriage & family therapy, undergraduate general education, & directed studies
- Conducted advising & daily office hours for undergraduate & graduate students' academic, personal, & vocational concerns.
- Served as faculty advisor for student organizations & departmental internships
- Ongoing program of professional study and scholarly production, primarily in the areas of vocational development & counselor training
- ✓ = Designed new courses & curriculum based on research foci

**Psychology undergraduate courses taught:**

- PY-101: Introduction to Psychology • 35 students per semester
- PY-200: Psychopathology & Film • 40 – 60 students per semester
- PY-210: Developmental Psychology • 35 students per semester
- PY-227: Personality & Individual Differences • 30 students per semester
- ✓ PY-355: Helping Skills • 24 students per semester
- PY-358: Psychopathology • 40 students per semester
- PY-359: Theories of Counseling • 30 students per semester
- PY-394: Research Assistantship • 2 – 8 students per semester
- PY-395/495: Teaching Assistantship • 1 – 4 students per semester
- ✓ PY-400: Senior Pre-Practicum • 50 – 60 students per semester
- PY-401W: Senior Thesis • 15 students per semester
- ✓ PY-402W: Senior Psychology Practicum • 50 – 60 students per semester
- PY-475: Research Colloquium • 14 students
- PY-390/490/H: Psychology Internship • 1 – 5 students per semester

**Marriage & Family Therapy program graduate courses taught:**

- ✓ EDC-511: The Therapy Process • 24 students per semester
- EDC-532: Psychopathology • 20 students
- EDC-582: Marriage Family Therapy Practicum • 6 students per semester

**University courses taught:**

- GE-125/SC-125: First Year Seminar • 20 students per semester
- CO-350: Mental Health Policy • 20 students per semester

**Adjunct Psychology Instructor**

Spokane Community College • Spokane, WA • August 2011 – December 2011

Course taught:

- Introduction to Psychology • 1 quarter • 25 students

**PUBLICATIONS**

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**Peer-Reviewed Books**

**Campbell, E. L.** (2022). *101 career myths debunked: The ultimate career planning workbook*. Routledge.

**Campbell, E. L.** (2020). *Helping skills training for nonprofessional counselors: The LifeRAFT model—providing relief through actions, feelings, and thoughts*. Routledge.

**Peer- Reviewed Journal Articles**

**Campbell, E. L., & Burrows, M. A.** (2020). LGBT college student career development: Goals and recommendations for faculty members. *International Journal of Innovative Teaching and Learning in Higher Education*, 1(2), 29-40.

**Campbell, E. L., Reedy, A. R., Baird, M. J., & Baird, D. M.** (2018). Better together: Co-teaching in undergraduate applied psychology courses. *Psychology Teaching Review*, 24(2), 3-11.

**Campbell, E. L., Davidson, M., & Davidson, S. M.** (2017). Effectiveness of LifeRAFT undergraduate helping skills model. *Psychology Teaching Review*, 23(2), 32-41.

Davidson, M., Davidson, S. M., & **Campbell, E. L.** (2017). Talking with students about faith-based career fears. *International Journal of Christianity and Education*, 0, 1-12.

**Campbell, E. L.** (2015). Book review: *Gender & the work-family experience: An intersection of two domains*. *Psychology of Women Quarterly*, 39(4), 554-555.

**Campbell, E. L.**, Campbell, V. L., & Watkins, E. (2015). Construct validity of anticipated work-family conflict & barriers measures. *Journal of Career Development*, 42(5), 370-380.

**Campbell, E. L.** (2015). Utilizing the serenity prayer to teach psychology students about stress management. *Journal of Psychology & Theology*, 43(1), 3-7.

Harris, J. E., Kelley, L. J., **Campbell, E. L.**, & Hammond, E. S. (2014). Key strategies training: An introduction to multitheoretical practice. *Journal of Psychotherapy Integration*, 24.2, 138-152.

### **Informally Published Works**

**Campbell, E. L.** (2017). How to console a loved one. *Whitworth Today Magazine*. Spokane, WA: Whitworth university.

Welsh, M., & **Campbell, E. L.** (2016). Relational mentoring: Fostering genuine connections with professors. *Eye on Psi Chi*, 21, 10-12.

**Campbell, E. L.** (2016). Trust versus skepticism. In K. Sankaran et al. (Eds.), *Core 350 reading packet*. Spokane, WA: Whitworth university.

**Campbell, E. L.** (2015). How to talk to someone in distress. *Whitworth Psychology Website*, [www.whitpsych.com](http://www.whitpsych.com).

**Campbell, E. L.** [Moderator] (2015 – present). Whitworth psychology futures [Online forum]. Retrieved from <https://www.facebook.com/groups/1534683386764312/>.

**Campbell, E. L.** [Contributor] (2015). Psi chi central office western region [Online forum]. Retrieved from <https://www.facebook.com/groups/285213828208384/>.

**Campbell, E. L.** (2013). Theories of personality supplemental materials. *Theories of Personality* (10<sup>th</sup> ed.). Belmont, CA: Wadsworth Publishers.

### **PRESENTATIONS**

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#### **Peer-Reviewed Presentations**

Floyd, J., & **Campbell, E. L.** (2022, May). *Fact or fairytale? Validity and impact of the career beliefs questionnaire*. Poster presented at the annual meeting of the Spokane Intercollegiate Research Conference, Spokane, WA.

Floyd, J., Peterson, M., LeRoy, A., Johnson, L., & **Campbell, E. L.** (2020, October). *Careers and fears: The impact of anxiety on career myths*. Poster presented at the annual meeting of the Western Psychological Association, virtual.

Johnson, L., Peterson, M., LeRoy, A., Floyd, J., & **Campbell, E. L.** (2020, October). *LifeRAFT supportive counseling model: Effectiveness of training undergraduates in helping skills*. Poster presented at the annual meeting of the Western Psychological Association, virtual.

- Campbell, E. L.** (Chair; 2019, April). *Tips for getting into and surviving graduate school*. Symposium conducted at the annual meeting of the Western Psychological Association, Pasadena, CA.
- Campbell, E. L.** (Chair) & Quinnett, P. (2018, May). *A career well spent: How I became a psychologist and why I will never retire*. Symposium conducted at the annual meeting of the Western Psychological Association, Portland, OR.
- Campbell, E. L.** (Chair; 2018, May). *Tips for getting into and surviving graduate school*. Symposium conducted at the annual meeting of the Western Psychological Association, Portland, OR.
- Campbell, E. L.** (Chair) & Hettich, P. (2017, April). *Creating a skills path to your “freshman year” in the workplace with a bachelor’s degree*. Symposium conducted at the annual meeting of the Western Psychological Association, Sacramento, CA.
- Davidson, S. M., Hughes, C. J., Welsh, K., Carneau, K. L., Fox, M. E., & **Campbell, E. L.** (2017, April). *Covert curriculum revealed: College student awareness of transferable skills*. Poster presented at the annual meeting of the Western Psychological Association, Sacramento, CA.
- Campbell, E. L.**, & Fox, M. (2017, April). *Get the FAQ: Psi Chi faculty advisor questions answered*. Symposium conducted at the annual meeting of the Western Psychological Association, Sacramento, CA.
- Campbell, E. L.** (2017, April). Choosing a graduate school program. In E. A. McMahan (Chair), *Tips for getting into and surviving graduate school*. Symposium conducted at the annual meeting of the Western Psychological Association, Sacramento, CA.
- Campbell, E. L.** (Chair) & Landrum, R. E. (2016, May). *Career options and strategies for success for all psychology graduates*. Symposium conducted at the annual meeting of the Western Psychological Association, Long Beach, CA.
- Campbell, E. L.**, & Fox, M. (2016, May). *Get the FAQ: Psi Chi faculty advisor questions answered*. Symposium conducted at the annual meeting of the Western Psychological Association, Long Beach, CA.
- Campbell, E. L.** (2016, May). Choosing a graduate school program. In E. A. McMahan (Chair), *Tips for getting into and surviving graduate school*. Symposium conducted at the annual meeting of the Western Psychological Association, Long Beach, CA.
- Campbell, E. L.**, Welsh, K., & Davidson, S. (2016, May). *LifeRAFT supportive counseling model: Effectiveness of training undergraduates in helping skills*. Poster presented at the annual meeting of the Western Psychological Association, Long Beach, CA.
- Campbell, E. L.** (2015, May). *Construct validity of anticipated work-family conflict & barriers measures*. Poster presented at the annual meeting of the Association for Psychological Science, New York, NY.
- Campbell, E. L.** (2015, April). Choosing a graduate school program. In J. Young (Chair), *Perspectives, applications, selection, & success: Tips for graduate school*. Symposium conducted at the annual meeting of the Western Psychological Association, Las Vegas, NV.
- Baird, M., & **Campbell, E. L.** (2015, April). *Too many cooks in the classroom? Co-teaching in applied undergraduate psychology courses*. Poster presented at the annual meeting of the Western Psychological Association, Las Vegas, NV.
- Vargas, K., **Campbell, E. L.**, Sullivan, R., Johnson, Z., & Engelmann, C. (2015, April). *Mind the gaps: Proficiencies & pitfalls in college student career development*. Poster presented at the annual meeting of the Western Psychological Association, Las Vegas, NV.

- Sullivan, R. & **Campbell, E. L.** (2015, April). *Vocational calling, life roles, & goal discernment in college students*. Poster presented at the annual meeting of the Western Psychological Association, Las Vegas, NV.
- Vargas, K., Engelmann, C., & **Campbell, E. L.** (2015, April). *Reliability & validity of the Career Planning Survey (CPS)*. Poster presented at the annual meeting of the Western Psychological Association, Las Vegas, NV.
- Smyth, A., **Campbell, E. L.**, Markley, R., & Vargas, K. (2014, May). *The pursuit of planning: Intrinsic & extrinsic motivation in career development*. Poster presented at the annual meeting of the Association for Psychological Science, San Francisco, CA.
- Campbell, E. L.** (2014, April). Paying for graduate school. In J. Young (Chair), *Perspectives, applications, selection, & success: Tips for graduate school*. Symposium conducted at the annual meeting of the Western Psychological Association, Portland, OR.
- Campbell, E. L.**, Sullivan, R., Markley, R., Gary, K., & Smyth, A. C. (2014, April). *Mind the gap: What is missing in college students' career development?* Poster presented at the annual meeting of the Western Psychological Association, Portland, OR.
- Campbell, E. L.**, Vargas, K. M., Fenger, E. E., & Mendoza, R. N. (2014, April). *Microskill development & training in undergraduate interviewers*. Poster presented at the annual meeting of the Western Psychological Association, Portland, OR.
- Gary, K., **Campbell, E. L.**, Mendoza, R., Fenger, E. E., & Sullivan, R. (2014, April). *Helping skills assessment: Inter-rater reliability of the LifeRAFT model*. Poster presented at the annual meeting of the Spokane Intercollegiate Research Conference, Spokane, WA.
- Landrum, E., Lavooy, M., & **Campbell, E. L.** (2014, April). *Leadership is one transferable skill, but what about the others?* Symposium presented at the annual meeting of the Western Psychological Association, Portland, OR.
- Harris, J. E., & **Campbell, E. L.** (2014, March). *Key strategies training for individual psychotherapy: teaching intermediate skills from three evidence-based treatments*. Symposium conducted at the annual meeting of the Counseling Psychology in Action Conference, Atlanta, GA.
- Campbell, E. L.** (2013, April). *Key introductory strategies training: Training paraprofessionals in basic helping skills*. Symposium conducted at the annual meeting of the Western Psychological Association, Reno, NV.
- Campbell, E. L.** (2011, August). Training psychotherapists to use key strategies from behavior therapy. In J. E. Harris (Chair), *Key strategies training for psychotherapy students: Building a bridge between basic microskills & evidence-based practice*. Symposium conducted at the annual meeting of the American Psychological Association, Washington, DC.
- Campbell, E. L.**, & Campbell, V. L. (2011, August). *Anticipating work & family: Experience, conflict, & planning in the transition to adulthood*. Poster presented at the American Psychological Association Convention, Washington, D.C.
- Campbell, E. L.**, & Campbell, V. L. (2010, August). *Anticipating work & family: A conflict of interests?* Poster presented at the American Psychological Association Convention, Toronto, ON.

## **Invited Speaker Presentations** (selected, past 6 years)

- Campbell, E. L.** (2022, April). *Helping skills for the paraprofessional helper*. Lecture presented to Whitworth University sociology students, Spokane, Washington.
- Campbell, E. L.** (2019, November). *Vocational wellness: How to cultivate a fulfilling life and career*. Lecture presented to Whitworth University students, Spokane, Washington.
- Campbell, E. L.** (2019, October). *Publishing books for a lay audience*. Session conducted at the bi-annual Whitworth Faculty Development Day to Whitworth University faculty, Spokane, Washington.
- Campbell, E. L.** (2019, August). *Helping skills in career coaching*. Training presented to Whitworth University career peer coaches, Spokane, Washington.
- Campbell, E. L.** (Chair; 2019, May). *Psi Chi chapter exchange*. Session conducted at the annual meeting of the Western Psychological Association, Pasadena, CA.
- Campbell, E. L.** & Sittser, G. (2018, May). *Vocation, scholarship, and faith integration*. Panel discussion presented to Whitworth University faculty in Vocation of the Christian Professor workshop, Spokane, Washington.
- Campbell, E. L.** (Chair; 2018, May). *Psi Chi chapter exchange*. Session conducted at the annual meeting of the Western Psychological Association, Portland, OR.
- Campbell, E. L.** (2015 – 2019, April). *Psychology career night*. Lecture presented annually to Whitworth University students, Spokane, Washington.
- Campbell, E. L.** (2017, June). *Emotional intelligence (EQ)*. Lecture presented to Whitworth University Master's in Teaching educational psychology course, Spokane, Washington.
- Campbell, E. L.** (2017, May). *Lean into love: Lessons of mind and heart*. Commencement address presented at Whitworth University's 127<sup>th</sup> Undergraduate Commencement, Spokane, Washington.
- Campbell, E. L.** (2017, April). *Thinking about failure*. Discussion moderated for Whitworth University faculty in Teaching Roundtable, Spokane, Washington.
- Campbell, E. L.** (2014 – 2017/2021 – 2022, October/March). *Trust versus skepticism*. Lecture presented biannually to Whitworth University Core 350 course, Spokane, Washington.
- Rogers, M. & **Campbell, E. L.** (2012 – 2022, April). *Graduate school night*. Seminar presented annually to Whitworth University students, Spokane, Washington.

## **SERVICE TO WHITWORTH UNIVERSITY**

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### **Administrative & Faculty Governance**

- Faculty Review Committee Member • Post-Tenure Review Committee • 2022
- FPTC Committee Member • Faculty Promotion and Tenure Committee • 2020 – 2022
- Retention Committee Member • Student Retention Committee • 2019 – 2020
- FRD Committee Member • Faculty Research and Development Committee • 2016 – 2019
- IRC Committee Faculty Representative • Institutional Research Committee • 2013 – 2015
- Practicum & Internship Coordinator • Psychology Department • 2012 – present
- Advisory Board Member • Marriage & Family Therapy Program • 2012 – present

## **Participation & Activities (selected)**

- COMAMFTE accreditation site visit faculty & supervisor representative • 2018
- Vocation of the Christian Professor Workshop • Participant • 2015
- Faculty Writing Group Member • 2013 – 2014
- Faculty Assembly Participant • 2012 – present
- Faculty Development Day Attendee • 2012 – present
- Faculty Retreat Participant • 2012 – present

## **Academic Advising**

- 34 undergraduate students • Psychology Department • 2021 – 2022
- 27 undergraduate students • Psychology Department • 2020 – 2021
- 39 undergraduate students • Psychology Department • 2019 – 2020
- 44 undergraduate students • Psychology Department • 2018 – 2019
- 32 undergraduate students • Psychology Department • 2017 – 2018
- 37 undergraduate students • Psychology Department • 2016 – 2017
- 47 undergraduate students • Psychology Department • 2015 – 2016
- 44 undergraduate students • Psychology Department • 2014 – 2015
- 52 undergraduate students • Psychology Department • 2013 – 2014
- 30 undergraduate students • Psychology Department • 2012 – 2013

## **General Advising & Mentorship**

- Faculty Mentor • Whitworth Occupational Therapy Program • 2021 – 2022
- Senior Class Faculty Advisor • 2020 Senior Class • 2019 – 2020
- Clinical supervisor • Marriage & Family Therapy graduate clinicians • 2016 – present
- Faculty Advisor • Mental Health Awareness Week • 2014 – 2015
- Act 6 Mentor • Act Six Program • 2013 – 2018
- Thesis Committee Advisor • Marriage & Family Therapy Program • 2013 – 2018
- Research Mentor • Weyerhaeuser Younger Scholar Program • 2013 – 2017, 2019 – 2022
- Faculty Club Advisor • Whitworth Chapter Psi Chi Psychology Club • 2012 – present
- Faculty Grant Advisor • United Nations Interagency Human Trafficking Project • 2012

## **Search Committees**

- Applied Behavior Analysis Professor • 2 positions • 2017 – 2018
- MFT Program Professor • 1 position • 2015 – 2016
- Psychology Visiting Professor • 2 positions • 2015
- MFT Program Professor • 1 position • 2014
- Counseling Center Director • 1 position • 2014
- Psychology Administrative Assistant • 1 position • 2012

## **General Service**

- Guest Lecturer • Sociology Helping Process and Social Services Course • 2022
- Annual Guest Lecturer • Continuing Studies Career Preparation Course • 2018 – 2021
- Commencement Address Speaker • Whitworth Undergraduate Commencement • 2017
- Guest Lecturer • Master's in Teaching Educational Psychology Course • 2016
- Communion Speaker • Senior Communion & Commissioning Service • 2015



- Bi-Annual Guest Lecturer • Applied Ethics & Policy Core 350 Course • 2014 – 2017, 2021 – present
- Communion Server • Communion & Commissioning Service • 2014
- Annual Guest Lecturer • First Year Seminar Course • 2013 – present
- Guest Lecturer • Psychology Assessment Course • 2013 – 2015
- Faculty Orientation Guest Speaker • Fall New Faculty Orientation • 2013
- Devotional Speaker • Spring Faculty Development Day • 2013
- Scholarship Committee Member • Founders Day Scholarship • 2013
- Departmental Scholarship Committee Member • Psychology Department Writing Awards • 2013
- Mental Health Discussant • Warren Hall • 2012

## **SERVICE TO PROFESSION & COMMUNITY**

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### **Professional Leadership**

- Nominating Committee Member • Psi Chi Board of Directors • 2020 – 2023
- Symposium Chair • Western Psychological Association Conference Career Session • 2019
- Symposium Chair • Western Psychological Association Conference Graduate School Session • 2019
- Symposium Chair • Western Psychological Association Conference Psi Chi Session • 2019
- Symposium Chair • Western Psychological Association Conference Graduate School Session • 2018
- Symposium Chair • Western Psychological Association Conference Psi Chi Session • 2018
- Western Region Vice President • Psi Chi Board of Directors • 2017 –2019
- Internal Affairs Committee Member • Psi Chi Board of Directors • 2017 –2019
- Symposium Chair • Western Psychological Association Conference Psi Chi Session • 2017
- Ad Hoc Faculty Support Committee Member • Psi Chi Board of Directors • 2016 – 2019
- Symposium Chair • Western Psychological Association Conference Career Session • 2016
- Steering Committee Member • Psi Chi International Honor Society, Western Region • 2013 – 2017
- Research Grants & Awards Committee Member • Psi Chi Western Regional • 2013 – 2017
- Symposium Chair • Western Psychological Association Conference Clinical Session • 2013

### **Editorial Service**

- Reviewer • Journal of Vocational Behavior • 2016 – 2019
- Reviewer • Journal of Career Development • 2014 – 2020
- Reviewer • Journal of Psychology & Theology • 2014 – 2018
- Clinical Reviewer • Journal of Social Psychology • 2014 – 2018
- Ad Hoc Reviewer • Journal of Vocational Behavior • 2013 – 2016
- Reviewer • Psi Chi Journal of Psychological Science • 2013 – 2020

### **Guild Membership**

- National Career Development Association (NCDA) • 2018 – present
- American Association of Marriage & Family Therapists (AAMFT) • 2015 – present
- Association for Psychological Sciences (APS) • 2014 – 2016
- Society for the Teaching of Psychology (STP) • 2012 – 2018
- American Psychological Association (APA) • 2011 – present
- Psi Chi International Psychology Honors Society • 2003 – present

### **Professional Workshops & Conferences Attended (selected)**

- EMDR International Association Training • Virtual • 2021
- Western Psychological Association • Virtual • 2020

- Western Psychological Association • Pasadena, CA • 2019
- National Career Development Association Foundations of Career Development Course • Online • 2018
- American Association of Marriage and Family Therapy Fundamentals of Supervision Approved Supervisor Course • Online • 2018
- Western Psychological Association • Portland, OR • 2018
- Psi Chi International Honors Society Board of Directors Meetings • Chattanooga, TN • 2017 – 2018
- Western Psychological Association • Sacramento, CA • 2017
- Fundamentals of Marriage & Family Therapy Supervision Workshop • Online • 2016
- Western Psychological Association • Long Beach, CA • 2016
- American Association of Marriage & Family Therapists Annual Conference • Austin, TX • 2015
- Association for Psychological Sciences Annual Conference • New York, NY • 2015
- Western Psychological Association Conference • Las Vegas, NV • 2015
- Association for Psychological Science • San Francisco, CA • 2014
- Western Psychological Association • Portland, OR • 2014
- Counseling Psychology in Action Conference • Atlanta, GA • 2014
- Clinical Ethics Continuing Education Workshops • The Emily Program • Spokane, WA • 2013 – 2015
- Eating Disorder Diagnosis & Treatment Continuing Education Workshops • The Emily Program • Spokane, WA • 2013 – 2015
- Western Psychological Association • Reno, NV • 2013
- American Psychological Association Convention • Washington, D.C • 2012